



## ENERGETIC HEALING ASSOCIATION

ABN 34 966 364 899 Incorporated 15th November 2000

The EHA is a non profit organisation that promotes and supports the awareness, study and practice of energetic and spiritual healing.

### AUGUST 2009 Connection Group

#### Date:

Sunday, 16 August 2009

#### Program:

9.45 am Arrival & Registration  
10.00 am Meditation  
10.30 am Morning tea  
11.00 am Talk  
12.30 pm Close

#### Cost:

\$10 Members  
\$15 non-members  
Payment at door

#### Venue:

Waverton Hall  
75 Bay Road  
Waverton  
(opposite Waverton train station)

#### To register for this event:

Please email  
events@energetichealing.org.au and be  
sure to have the word attending in the  
subject field.

Or call 0417 204 105

You are also most welcome to attend  
without registering



### Jin Shin Jyutsu

simple, powerful self help  
acupressure techniques

An *interactive* session with  
**Alisa Lollback**

Intern Psychologist and  
Jin Shin Jyutsu Practitioner



Alisa has a wealth of experience across both western and energetic medicine. She is an intern psychologist and Jin Shin Jyutsu practitioner and also holds a four year Diploma in the W.I.S.E.

Method of Energy Medicine from the Institute of Healing Arts and Science LLC in the USA.. Alisa runs a private practice, *Live Consciously*, in the Northern Beaches and has taught workshops on Jin Shin Jyutsu for a number of years.

Jin Shin Jyutsu is a gentle non-invasive therapy that involves holding specific points to release energy blockages. By holding these points in specific patterns, the body's energies are brought into balance, which promotes optimal health and well-being, and facilitates our own profound healing capacity.

In this Connection Group, Alisa will present and teach some experiential Jin Shin Jyutsu flows. These flows can assist you to raise your consciousness around limiting attitudes and belief systems impacting on your ability to experience joy in your life

**Come along, bring your friends, and hear Alisa share this wonderful technique.**

***Please bring a yoga mat or towel***

### Upcoming EHA Events

- |              |   |
|--------------|---|
| September 20 | Healing Day – Mini treatments of 30 minutes for members, friends and the general public. \$20 entry fee at the door. 11am-3pm Waverton Hall.  |
| October 25   | Connection Group. Waverton Hall. Speaker to be advised.   |
| November 22  | Xmas Picnic. Come along and meet new and old friends in the energetic healing field. Celebrate with the EHA, a wonderful year of connection and healing. Time and location to be advised. |
| Early Dec    | AGM. Date to be advised.  |

[www.energetichealing.org.au](http://www.energetichealing.org.au)